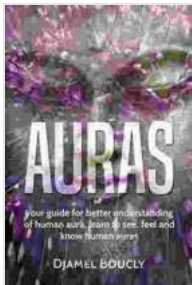


# Your Guide For Better Understanding Of The Human Aura Learn To Feel See And

The human aura is a field of energy that surrounds the body. It is said to be made up of seven layers, each of which corresponds to a different aspect of our being. The colors, shapes, and sizes of our auras can tell us a lot about our physical, emotional, and spiritual health.



## Auras: Your guide for better understanding of the human aura, learn to feel, see and read human aura

by Tim Gorman

★★★★☆ 4.3 out of 5

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In this guide, you will learn how to feel, see, and interpret the human aura. You will also discover the different meanings of the aura colors, shapes, and sizes. With this knowledge, you can gain a deeper understanding of yourself and others.

## How to Feel the Human Aura

The first step to understanding the human aura is to learn how to feel it. This can be done by placing your hands a few inches away from the body of another person. You may feel a tingling sensation or a sense of warmth or coolness.

Once you have felt the aura, you can begin to explore its different layers. The first layer is the physical layer, which is closest to the body. This layer is said to be associated with our physical health and vitality.

The second layer is the emotional layer, which is located just outside the physical layer. This layer is said to be associated with our emotions and feelings.

The third layer is the mental layer, which is located just outside the emotional layer. This layer is said to be associated with our thoughts and beliefs.

The fourth layer is the astral layer, which is located just outside the mental layer. This layer is said to be associated with our dreams and psychic abilities.

The fifth layer is the etheric layer, which is located just outside the astral layer. This layer is said to be associated with our spiritual connection to the universe.

The sixth layer is the celestial layer, which is located just outside the etheric layer. This layer is said to be associated with our connection to the divine.

The seventh layer is the ketheric layer, which is located just outside the celestial layer. This layer is said to be associated with our connection to the

source of all creation.

## **How to See the Human Aura**

Once you have learned how to feel the human aura, you can begin to see it. This can be done by looking at the body of another person with your peripheral vision. You may see a faint glow of light around the body.

The color of the aura can tell you a lot about the person's physical, emotional, and spiritual health. For example, a red aura is said to be associated with passion and vitality, while a blue aura is said to be associated with peace and tranquility.

The shape of the aura can also tell you a lot about the person. For example, a round aura is said to be associated with wholeness and balance, while a jagged aura is said to be associated with stress and anxiety.

## **How to Interpret the Human Aura**

Once you have learned how to feel and see the human aura, you can begin to interpret it. This can be done by paying attention to the colors, shapes, and sizes of the aura.

The following are some of the most common aura colors and their meanings:

- Red: Passion, vitality, anger, aggression
- Orange: Creativity, joy, enthusiasm
- Yellow: Intellect, logic, communication

- Green: Healing, growth, prosperity
- Blue: Peace, tranquility, spirituality
- Indigo: Intuition, psychic abilities, wisdom
- Violet: Spirituality, connection to the divine

The following are some of the most common aura shapes and their meanings:

- Round: Wholeness, balance
- Oval: Creativity, imagination
- Square: Stability, practicality
- Triangle: Ambition, drive
- Jagged: Stress, anxiety

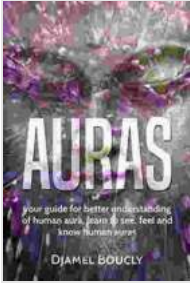
The size of the aura can also tell you a lot about the person. For example, a large aura is said to be associated with a strong personality, while a small aura is said to be associated with a more introverted personality.

By paying attention to the colors, shapes, and sizes of the aura, you can gain a deeper understanding of yourself and others. This knowledge can help you to make more informed decisions about your life and to live a more fulfilling life.

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