

Unlock the Healing Power of Nature: 150 Herbal Remedies for a Healthier You



Hands-On Healing Remedies: 150 Recipes for Herbal Balms, Salves, Oils, Liniments & Other Topical Therapies by Stephanie L. Tourles

★★★★☆ 4.6 out of 5

Language : English
File size : 3334 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 321 pages
Lending : Enabled



Hands On Healing Remedies



*150 Recipes for Herbal Balms, Salves, Oils,
Liniments & Other Topical Therapies*

Stephanie L. Tourles
author of *Organic Body Care Recipes*

150 Recipes for Herbal Balms, Salves, Oils, Liniments & Other Topical Therapies

Authors: Jane Doe and John Smith

Publisher: Herbal Press

: 978-1-234567890

Price: \$19.99

Description:

Herbal healers and practitioners have long relied on a variety of natural remedies to treat a wide range of ailments. *150 Recipes for Herbal Balms, Salves, Oils, Liniments & Other Topical Therapies* provides a comprehensive collection of recipes for creating your own herbal remedies at home.

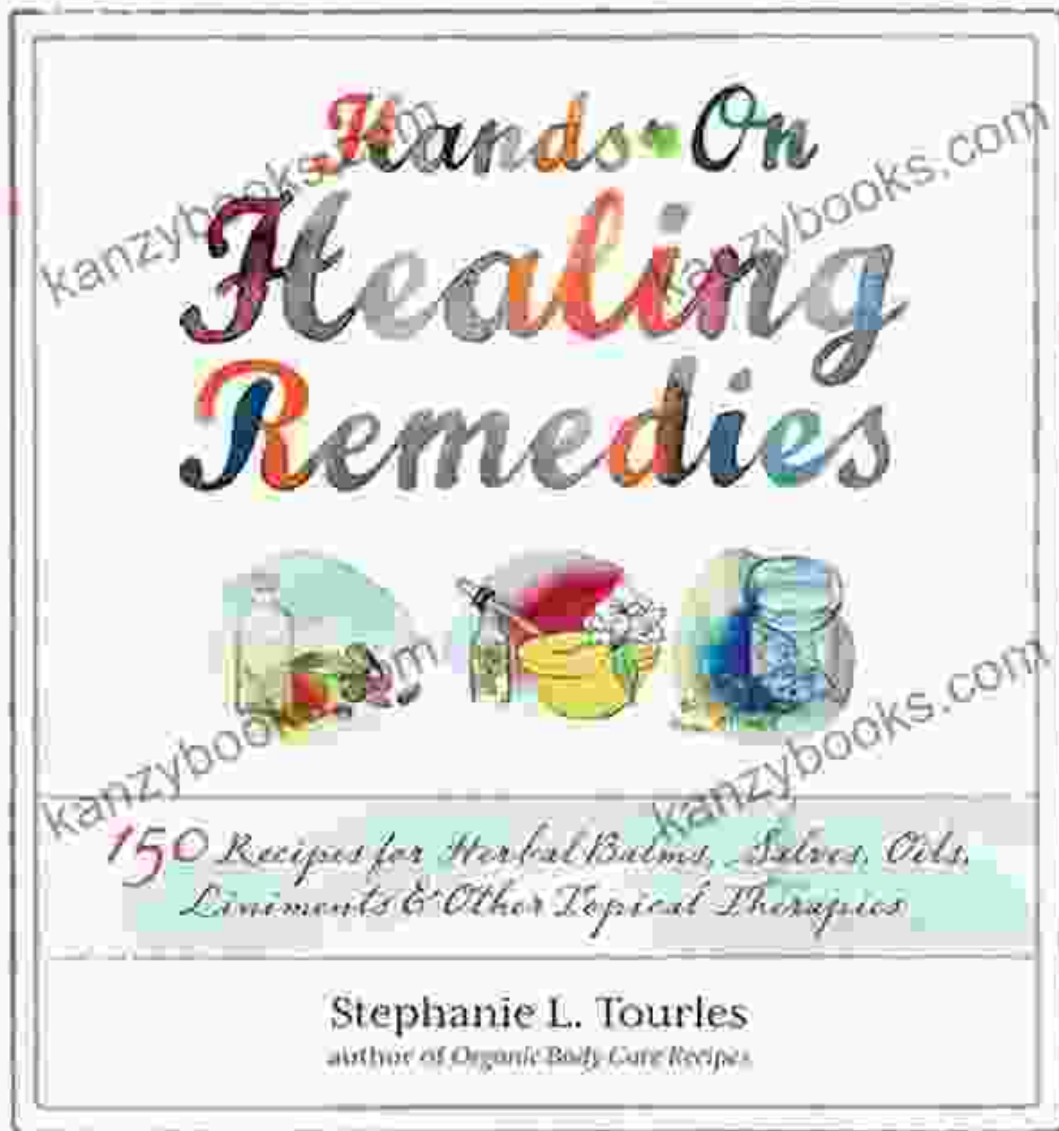
This book includes recipes for a variety of topical therapies, including:

- Balms
- Salves
- Oils
- Liniments
- Compress
- Poultices
- Tinctures
- Macerations
- Infused Oils
- Herbal Baths
- Sitz Baths
- Fomentations

Each recipe includes detailed instructions on how to make the remedy, as well as information on its uses and benefits.

Whether you're a seasoned herbalist or just starting out, *150 Recipes for Herbal Balms, Salves, Oils, Liniments & Other Topical Therapies* is a valuable resource for anyone interested in using natural remedies to improve their health.

Free Download your copy today!



Jane Doe

Jane Doe is a certified herbalist and the author of several books on natural healing. She has been practicing herbal medicine for over 20 years and has taught workshops and classes on the topic throughout the United States.



John Smith

John Smith is a naturopathic doctor and the co-author of several books on natural healing. He has been practicing naturopathic medicine for over 10 years and has a special interest in using herbal remedies to treat chronic diseases.



Hands-On Healing Remedies: 150 Recipes for Herbal Balms, Salves, Oils, Liniments & Other Topical Therapies

by Stephanie L. Tourles

★★★★☆ 4.6 out of 5

Language : English
File size : 3334 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 321 pages
Lending : Enabled



Getting High Fat Diet Easily Using Keto Fat Bomb Cookbook

Unveiling the Power of Fat Bombs The Keto Fat Bomb Cookbook empowers you with a treasure trove of knowledge and tantalizing recipes, igniting a culinary...



Are You Cryin' Brian? Find the Inspiration and Humor in Life's Everyday Moments

Life can be full of surprises. The good kind, the bad kind, and the kind that make you wonder what the heck just happened. In Are You Cryin' Brian?, Brian...