

The Path Is The Goal: A Journey of Discovery to Success and Fulfillment

The Path Is The Goal is a book by Swami Muktananda that offers a unique and inspiring perspective on the journey to success and fulfillment. Through a series of personal anecdotes and insights, Swami Muktananda shares his wisdom on how to overcome obstacles, find inner peace, and live a life of purpose.



The Path Is the Goal: A Basic Handbook of Buddhist

Meditation by Tim Gorman

★★★★☆ 4.8 out of 5

Language : English
File size : 799 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 192 pages



The book is divided into three parts. The first part, "The Path," explores the challenges and obstacles that we all face on our journey to success. Swami Muktananda teaches us how to overcome these obstacles by developing a strong mind and a positive attitude. He also emphasizes the importance of setting clear goals and taking action towards them.

The second part of the book, "The Goal," discusses the nature of success and fulfillment. Swami Muktananda explains that true success is not about

achieving external goals, but rather about finding inner peace and happiness. He teaches us how to let go of our attachments and live in the present moment.

The third part of the book, "The Journey," offers practical advice on how to live a life of purpose. Swami Muktananda teaches us how to develop our talents, serve others, and make a positive impact on the world. He also emphasizes the importance of meditation and other spiritual practices for finding inner peace and fulfillment.

The Path Is The Goal is a timeless classic that has inspired millions of people around the world. It is a book that offers hope, guidance, and inspiration to all those who are seeking success and fulfillment in their lives.

About the Author

Swami Muktananda was a renowned spiritual teacher and the founder of Siddha Yoga. He was born in India in 1908 and died in the United States in 1982. Swami Muktananda taught that the goal of life is to find inner peace and happiness, and that this can be achieved through meditation and other spiritual practices.

Reviews

"The Path Is The Goal is a must-read for anyone who is seeking success and fulfillment in their lives. Swami Muktananda's wisdom and insights are timeless, and his teachings can help us to overcome any obstacle and achieve our dreams."

- Deepak Chopra

"The Path Is The Goal is a beautiful and inspiring book. Swami Muktananda's teachings are a source of great comfort and strength to me."

- Elizabeth Gilbert

Where to Buy

The Path Is The Goal is available at all major bookstores and online retailers.

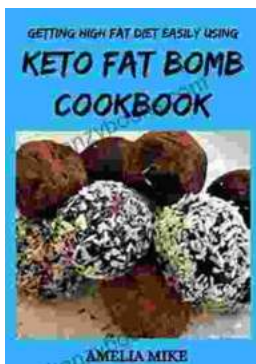


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