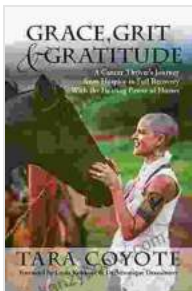


# Cancer Thriver Journey From Hospice To Full Recovery With The Healing Power Of

In 2009, I was diagnosed with stage 4 lung cancer. I was given a 5% chance of survival. I was told to get my affairs in Free Download and prepare to die.



## Grace, Grit & Gratitude: A Cancer Thriver's Journey from Hospice to Full Recovery with the Healing Power of Horses by Tara Coyote

★★★★☆ 4.9 out of 5

Language : English  
File size : 24189 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 503 pages  
Lending : Enabled  
Screen Reader : Supported



I was devastated. I had a young son and a husband who I loved dearly. I didn't want to leave them behind.

I refused to give up. I started researching alternative treatments and I found a doctor who was willing to work with me.

I began a strict regimen of diet, exercise, and supplements. I also started seeing a therapist to help me deal with the emotional challenges of cancer.

Slowly but surely, I started to get better. My tumors began to shrink and my energy levels increased.

In 2011, I was declared cancer-free.

I am now sharing my story to give hope to others who are facing cancer.

I want people to know that there is hope. Even if you are given a terminal diagnosis, you can still recover.

Here are some of the things that I learned on my journey:

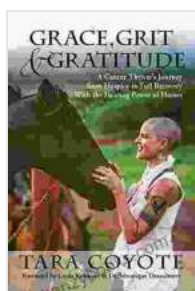
- **Never give up hope.** No matter how bleak your diagnosis, there is always hope.
- **Take an active role in your treatment.** Don't just sit back and let the doctors tell you what to do. Research different treatments and make informed decisions about your care.
- **Find a support system.** Having people who love and support you can make a big difference in your recovery.
- **Don't be afraid to ask for help.** There are many resources available to cancer patients. Don't be afraid to reach out for help when you need it.

I am living proof that it is possible to recover from cancer. With the right treatment and a positive attitude, you can too.

If you are facing cancer, I urge you to never give up hope. There is always hope.

## Additional Resources

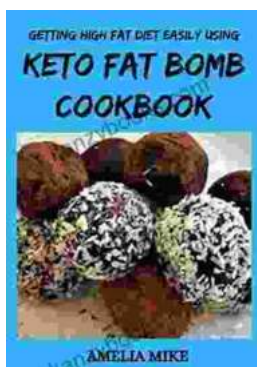
- American Cancer Society
- Cancer Research UK
- Mayo Clinic



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